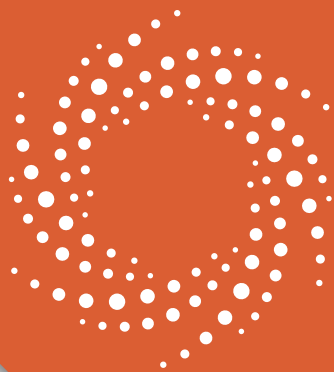




# Futures Coaching Programme

## Level 1



[www.lifelab.biz](http://www.lifelab.biz)



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### Programme accreditation

The Futures Coaching Programme - Level 1 is accredited with the European Mentoring and Coaching Council (EMCC Global), holding the European Quality Award (EQA) for 50-hours at the Senior Practitioner level. The European Quality Award entitles graduates, subject to meeting the EMCC Global requirements, to use the hours towards a coaching credential at any level up to and including the Senior Practitioner level.



## Develop a future-fit coaching practice

As coaches and their clients face an increasingly uncertain world, futures coaching offers compelling advantages in supporting clients to take advantage of and make progress in times of uncertainty. The Futures Coaching Programme is designed to develop professional external and internal coaches to help their clients to navigate uncertain contexts by making better use of the future, thereby helping clients to adapt, grow and perform in uncertain context.

Set your practice apart by helping your clients to achieve their goals and vision within multiple scenarios. Help your clients to clarify purpose, values and meaning as they transition through change. Unlock dilemmas that inhibit change, and master techniques that help clients to enhance behavioural plasticity through experimentation and practice.

The programme, accredited by the EMCC Global, integrates futures thinking and prospection with a personal construct coaching approach and is delivered online through 6 weekly 2-hour online masterclasses, designed to accelerate your learning through small steps and iterative cycles of experimentation and reflection. You are supported through group supervision and through peer coaching labs. A portfolio of learning is used to assess the programme.

## Learning outcomes

- Identify the key features of a futures orientation in coaching.
- Differentiate between a goal, vision and futures orientation to change in coaching.
- Demonstrate the ability to leverage the coaching alliance to enable transition.
- Demonstrate the ability to integrate personal construct and futures coaching methods.
- Critique the application of the coaching techniques with reference to the coaching context.
- Identify ethical boundaries in futures coaching.

## Programme schedule

Event	Dates	UK	Europe	SA
<b>Masterclasses</b>				
Masterclass 1	18 Feb 2025	7:30-10am GMT	8:30-11am CET	9:30am-12pm SAST
Masterclass 2	25 Feb 2025	8-10am GMT	9-11am CET	10am-12pm SAST
Masterclass 3	4 March 2025	8-10am GMT	9-11am CET	10am-12pm SAST
Masterclass 4	11 March 2025	8-10am GMT	9-11am CET	10am-12pm SAST
Masterclass 5	18 March 2025	8-10am GMT	9-11am CET	10am-12pm SAST
Masterclass 6	1 April 2025	8-10am BST	9-11am CEST	9-11am SAST
<b>Supervision</b>				
Supervision	8 April 2025	8-10am BST	9-11am CEST	9-11am SAST

### Pricing:

**€1250\***

\*Price excludes VAT for participants making payment from South Africa

### Programme requirements and registration:

- Applicants should have foundational coaching skills in place.
- Please submit your online application form: <https://forms.office.com/r/ZeJB3SN4v>



- The faculty may request a short interview to ensure fit.
- Payment is required to secure your place on the programme. Flexible payment plans available on request.

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## Faculty

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### Dr Roger Maitland

Roger coaches leaders to navigate transitions, not just by charting a course, but by anticipating multiple future scenarios. He acts as a navigator, helping them see beyond the limitations of a single map and explore the potential of ever-evolving landscapes. Together, they chart a course that thrives on adaptability and embraces the unforeseen opportunities that lie ahead. Roger has a global coaching practice and brings two decades of experience as a coach and consultant. He holds a PhD in Business Administration from the University of Cape Town and a M.A. in Coaching, with distinction, from Middlesex University. Roger is an accredited coach at Master Practitioner level with the European Mentoring and Coaching Council (EMCC Global), and is a research fellow at Stellenbosch University



### Brett Anderson-Terry

Brett, a transition coach, fosters a "what-if" mentality in leaders. This futures-oriented approach unlocks unseen solutions and empowers clients to see challenges from multiple angles. Brett's diverse background, encompassing entrepreneur, award-winning television producer, and coach, allows him to recognise patterns in clients' stories and guide them towards maximizing their impact and reaching their full potential. He has a global coaching practice and over two decades of experience as a coach. Brett holds a Post Graduate Diploma in Sustainable Development, cum laude, from Stellenbosch University. Brett is an accredited coach at Master Practitioner level with the European Mentoring and Coaching Council (EMCC Global). He is an accredited Master NLP Practitioner and Coach, and has trained in Personal Construct Coaching and Gestalt Coaching.



### Indy Neogy

Indy is a coach focused on helping leaders facing complex problems. He specialises in bringing the wider context into the room and helping answer: "What do you do when you don't know what to do?" Key areas include thinking strategically, understanding cultural difference and using creativity to engage with possible futures. A decade of experience as a futurist for an innovation consultancy serving international businesses has made him passionate about helping people face the future with more confidence, creativity and courage. Indy holds an MBA from the University of Leeds and an S.B. in Aerospace Engineering from the Massachusetts Institute of Technology. He holds a Professional Certificate in Executive Coaching from Henley Business School and is an accredited Time To Think coach. Indy is an Associate Certified Coach (ACC) with the International Coaching Federation (ICF).

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## More information

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Email: [info@lifelab.biz](mailto:info@lifelab.biz)

Schedule a consultation: <https://calendly.com/rogermaitland/connect>

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